

SEPTEMBER

20–22 CAME TO BELIEVE (MEN)

OCTOBER

1 BY WOMEN FOR WOMEN

11–18 IGNATIAN DIRECTED RETREAT

25–27 CAME TO BELIEVE (WOMEN)

NOVEMBER

1–3 GUIDED RETREAT:
AMAZING WOMEN

5 BY WOMEN FOR WOMEN

7 DAY FOR SPIRITUAL DIRECTORS

8–11 QUILTING RETREAT

17–20 YOGA, PRAY, AND PLAY

12 DAY ON GRIEVING AND LOSS

DECEMBER

6–8 ADVENT RETREAT WEEKEND

JANUARY

10–12 BE WHO YOU ARE

17–19 QUILTING WORKSHOP

FEBRUARY

7–10 YOGA, PRAY, AND PLAY

14–21 IGNATIAN DIRECTED RETREAT

MARCH

20–22 CAME TO BELIEVE

24 BY WOMEN FOR WOMEN

APRIL

2–5 LIVING IN THE PROMISES

9–12 HOLY WEEK RETREAT

15 DAY FOR SPIRITUAL DIRECTORS

21 BY WOMEN FOR WOMEN

MAY

1–3 SPIRITUAL SPA DAYS WOMEN

5 DAY ON GRIEVING AND LOSS

8–15 IGNATIAN GUIDED RETREAT

8–15 PRIVATE RETREAT WEEK

JUNE

12–14 CAME TO BELIEVE (WOMEN)

19–26 IGNATIAN DIRECTED RETREAT

JULY

3–10 GUIDED RETREAT

10–14 YOGA, PRAY, AND PLAY

16–20 YOGA, PRAY, AND PLAY

AUGUST

3–7 HAND QUILTING

10–17 IGNATIAN DIRECTED RETREAT

21–28 IGNATIAN DIRECTED RETREAT

31–Sept 4 PRIVATE RETREAT WEEK



Society of Saint Ursula
50 Linwood Road
Rhinebeck, NY 12572

NON-PROFIT
ORGANIZATION
U.S. POSTAGE PAID
NEWBURGH, NY
PERMIT #7203

REGISTRATION

We invite you to register for programs online through our web site or mail your check, payable to Linwood Spiritual Center, to the office.

Simply write the name of your program in the memo of the check. Our online registration accepts both deposits and full payments with your credit card. Our payments are processed and secured through PayPal but you do not have to have a PayPal account to register.

We do not accept payments over the phone.

A non-refundable deposit is required to hold your space for all programs. Deposits and full payments are required 14 days before the start of your program.

\$50 deposit for weekends (2-3-day programs),
\$100 deposit for longer.

Single day programs require full payment at the time of registration.

Please see our web site for cancellation policies.

COMING TO LINWOOD

Linwood overlooks the Hudson River, 3.3 miles west of Rt 9 in Rhinebeck, NY. Three hours west of Boston, two hours north of NYC, one and a half hours south of Albany and west of Danbury. Linwood is accessible by Amtrak and Shortline bus. For more information and directions please go to our website or contact us by phone.

ACCOMMODATIONS

- Attached Main House with elevator, 24 single rooms shared bath
- Separate Guest House with 1 flight of stairs, 10 single rooms shared bath
- All rooms have twin bed, recliner, desk, river or garden views
- River view dining with seating for up to 50
- River view conference room for up to 45
- River view Pavilion with fireplace can accommodate up to 150
- Library, meditation room, and break-out rooms
- Chapel
- 51 acres with benches
- Seasonal pool
- Bicycles and helmets
- Trail
- Labyrinth
- Garden
- Computer access and campus wide wifi
- No TV's or AC's in bedrooms
- Smoke free, phone free

PRIVATE RETREATS AND GROUP RATES

Linwood welcomes individual private retreats and outside group rentals. We often have rooms available for individuals seeking a quiet stay. Group rentals are not sponsored by Linwood, not open to the general public, and are not listed in our brochure. Groups book over a year in advance. Please contact us by phone or email for rates and availability.

First Last
Address1
Address2
Poughkeepsiegstons, NY 12601
1
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2019-2020 PROGRAMS

GREEN LINWOOD

Linwood Spiritual Center is actually named for our trees, Linden, and we love them. We take our stewardship of creation seriously and are striving to go Green. Please assist us in saving our trees by sending us your email address and reducing our postal mailings. We and the earth thank you!

LSCoffice@st-ursula.org



SUPPORT LINWOOD

THIS YEAR IS THE 50TH ANNIVERSARY OF THE DEDICATION OF LINWOOD'S CHAPEL AND SPIRITUAL CENTER.

We are committed to keeping the gates open to all in need. We exist as a community and are referred to as a family and a spiritual home. This means we are in it together, now more than ever. Please take this opportunity to support us in this commitment through a general contribution, scholarship fund, Labyrinth pavers, tree replacement or planned giving.

Donate on our website, and/or mail a check made out to Linwood Spiritual Center to the office with your area of support in the memo.

Thank you for your generosity.

50 Linwood Rd, Rhinebeck, NY 12572 | 845.876.4178 | LSCoffice@st-ursula.org | LinwoodSpiritual.org

FOR MY HOUSE WILL BE CALLED A HOUSE OF PRAYER FOR ALL THE PEOPLES. – ISAIAH 56:7

MISSION

Linwood Spiritual Center is a sponsored ministry of the Society of St. Ursula. We desire to welcome diverse groups and individuals to provide an atmosphere of openness and hospitality where people find home. Linwood is sacred ground where people can find a nurturing, safe, environment to listen to God's voice in the beauty of nature and within themselves. Rooted in the Ignatian tradition of finding God in all things, we recognize the goodness of humanity in each person. We wish to companion people on their spiritual journey as they seek God and to foster spiritual freedom and growth.

Reflecting on our Mission Statement I am humbled and blessed that the Sisters of St. Ursula have invited me to assist them in this ministry. We walk together in this faith journey and hope and pray that you will continue to join us. I have already welcomed many of you but be sure to say hello when you visit. The changes you are witnessing are intended to preserve our commitment to hospitality well into the future.

For over 50 years Linwood has welcomed seekers and servers. We have seen society grow more complex, conflicted, and discontent. The gifts of Linwood are more valuable and necessary for our children and grandchildren than ever before.

With this in mind we announce:
LINWOOD 2020 VISION, HONORING THE ELDERS.

Throughout 2020, and the remainder of 2019, each time you register yourself and someone new to Linwood, who is 20+ years younger than yourself, you, the "honorable elder" will receive 20% off your retreat. Bring a friend and share the good news! See you on the river.

— Terence McCorry, Executive Director

SPIRITUAL CENTER STAFF

**Executive Director/
Programming/Spiritual Direction**
Terence McCorry

Finance Manager
Joan Woodward

Administrative Assistant
Heidi McArdle

Retreat Staff/Spiritual Direction
Kathleen A. Donnelly, SU

Retreat Staff/ Spiritual Direction
Maureen Steeley, SU

SU Council Representative
Mary Isaac Koenig, SU

Property Manager
John Timmins

Head Chef
Andrew Jenners

Housekeeping
Selene Gutierrez

SPECIAL THANKS TO THE ENTIRE SU COMMUNITY WHO MAKES LINWOOD POSSIBLE!

PRESENTERS AND DIRECTORS

Don Bisson, FMS spiritual director, formator, supervisor, and presenter.

Jane Claffy, MSN nursing educator focused on gerontological nursing.

Elizabeth Anne DiPippo, SU spiritual director whose main interest is women's spirituality.

Kathleen A. Donnelly, SU teaches spiritual direction offers supervision and bio-spiritual focusing.

Kenneth J. Gavin, SJ spiritual direction and extensive experience with Jesuit ministries and refugee work.

Mary Isaac Koenig, SU hand quilter who digs in our grounds to plant seeds that nourish us.

Terence McCorry, MS brings 25 years of campus ministry, teaching, and spiritual direction to Linwood.

Michael O'Neil McGrath, OSFS author/illustrator of award-winning Catholic publications.

Carol Perry, SU Celebrating 70 years as a Sister of St Ursula, 37 years as resident Biblical scholar at Marble Collegiate Church in NY, author, teacher, presenter.

Nancy Plumer, MS intuitive energy healer who has studied holistic health for 30 years.

John Replogle, SJ campus and retreat ministry, and spiritual direction. John serves Xavier High School in NYC.

Edward F. Salmon, SJ spiritual director and retreat leader. Chancellor of McQuaid Jesuit HS.

Joy Scarano, massage therapist whose training spans from pre-natal to geriatric massage.

Maureen Steeley, SU retreat leader, spiritual direction, leads others to find God in all things.

PROGRAMS 2019–2020

SW=Spirituality & Wellness | DG=Directed & Guided | PT=Professional Training | AA=Twelve Step | 1E= Single Day /Eve
Unless specified, programs are gender inclusive | For more information, visit LinwoodSpiritual.org

SEPTEMBER

20–22 **CAME TO BELIEVE -AA, MEN ONLY-**
Retreats for those recovering in A.A. \$220

OCTOBER

IGNATIAN SPIRITUALITY IN EVERYDAY LIFE
A 34 week program customized to your schedule.
Please call the office for pricing. Kathleen Donnelly, SU

SPIRITUAL DIRECTOR SUPERVISION -PT-
2nd Thursday of the month to June.
Spiritual Directors only. Please call the office. K. Donnelly, SU

1 **BY WOMEN FOR WOMEN -1E, WOMEN ONLY-**
Join us for a morning of prayer, reflection, and sharing. Learn about and experience different ways woman pray. 9:30AM-Noon. Lunch included. \$50 Elizabeth Ann Dipippo, SU

11–18 **IGNATIAN DIRECTED RETREATS -DG-**
Enjoy the beauty of each season while being attentive to the movement of the Holy Spirit in your life. Meet regularly with a spiritual director and the Eucharistic Liturgy will be offered daily. \$700

25–27 **CAME TO BELIEVE -AA, WOMEN ONLY-**
See September for details.

NOVEMBER

1–3 **GUIDED RETREAT:
SOME AMAZING WOMEN -DG, ALL GENDERS-**
Some very special women are to be found in the pages of the Bible. Let's meet them and see how their often surprising stories speak to us today. \$260 Carol Perry, SU

5 **BY WOMEN FOR WOMAN -1E, WOMEN ONLY-**
See October for details.

7 **THOMAS MERTON'S INFLUENCE
ON SPIRITUAL DIRECTION -PT-**
We will look at Merton's prophetic view, his language of true and false self, vision of a just society, and interfaith dialogue in these times of fundamentalism. The day is designed for new and experienced spiritual directors, pastoral ministers, teachers, chaplains, and all interested in growth in the spiritual life. \$65. Don Bisson, FMS

8–11 **QUILTING RETREAT -SW-**
Often times we recognize patterns that make up our lives. This time together will nourish us as we sew and converse together as well as provide quiet time for reflecting on those patterns. Bring your own machines and other necessary equipment. \$390 Linwood Staff

12 **GRIEVING AND LOSS -1E-**
All of us experience loss and grief in our lifetimes. Search for answers from writers like C.S. Lewis, Joyce Rupp, and the Psalmist. Be with us as we listen to each other in the quiet and the sharing. 9:30AM – 4:00PM. Lunch included. \$65 Jane Claffy, MSN

18–21 **AUTUMN YOGA, PRAY,
AND PLAY -SW, WOMEN ONLY-**
Experience restorative yoga, yoga nidra (the art of deep relaxation), and group meditation to that deeper part of ourselves, that connection of the mind, body, heart and spirit. All practice levels welcome. Please wear loose comfortable clothing and bring a journal and a mat. \$370 Nancy Plumer

DECEMBER

6–8 **ANNUAL ADVENT RETREAT -SW-**
Our lives are an Advent – a time of waiting, listening and hoping, a time of openness to the unimaginable gift of God. Pause in quiet reflection in these hectic days of hurry up and wait. \$260 Kenneth J. Gavin, SJ/The Linwood Staff

JANUARY

10–12 **BE WHO YOU ARE: BRINGING CREATIVITY
TO YOUR PRAYERS -SW-**
Time to rejuvenate your contemplative spirit and seek new ways to pray using mandalas, phone cameras, and Br. Mickey's own works. Bring an unlined journal and markers. \$260 Michael O'Neill McGrath, OSFS

17-20 **QUILTING RETREAT -SW-**
See November for details.

FEBRUARY

7–10 **WINTER YOGA, PRAY,
AND PLAY -SW, WOMEN ONLY-**
See November for details.

14–21 **IGNATIAN DIRECTED -DG-**
See October for details.

MARCH

20-22 **CAME TO BELIEVE -AA, MEN ONLY-**

24 **BY WOMEN FOR WOMEN -1E, WOMEN ONLY-**
See October for details.

APRIL

2–5 **LIVING IN THE PROMISES -AA, WOMEN ONLY-**
On our journey of recovery we soon experience "a new freedom and a new happiness". We will reflect on how the 12 Promises have become a part of our new lives. Retreat for women in any 12-Step group, all levels welcome. \$315 Betsy English

9–12 **ANNUAL HOLY WEEK RETREAT -SW-**
Our annual triduum retreat is a special invitation to spend time apart in a beautiful atmosphere of prayer and silence so that we may enter more deeply into the sacred Paschal Mystery. \$355 Kenneth J Gavin, SJ, The Linwood Staff

15 **DAY FOR SPIRITUAL DIRECTORS -PT-**
Theme to be determined \$65

21 **BY WOMEN FOR WOMEN -1E, WOMEN ONLY-**
See October for details.

MAY

1–3 **SPIRITUAL SPA DAYS FOR WOMEN -SW, WOMEN ONLY-**

A weekend relaxing, reflecting, sharing and exploring the quality of your inner life in a contemplative, prayerful setting. Spiritual direction, yoga, massage therapies and Labyrinth walks may be offered \$260 Elizabeth Anne DiPippo, SU Joy Scarano, Maureen Steeley, SU

5 **DAY ON GRIEVING AND LOSS -1E-**
See November for details.

8–15 **IGNATIAN GUIDED RETREAT:
PRAYING IN FULL COLOR -DG-**

Guided prayer in an atmosphere of attentive silence. Daily presentation will integrate music, art, and poetry to illustrate and enhance an Ignatian contemplative approach to Scripture. Eucharistic Liturgy will be offered daily. \$700 Michael Harter, SJ

8–15 **PRIVATE RETREAT WEEK -SW-**
A week set aside for you to make a personal spring retreat with no agenda. There will be optional daily Liturgy of the Eucharist. Bring materials for retreat or use the resources of the Linwood library. \$700

22–25 **QUILTERS RETREAT -SW-**
See November for details.

JUNE

12–14 **CAME TO BELIEVE -AA, WOMEN ONLY-**

19-26 **IGNATIAN DIRECTED -DG-**
See October for details.

JULY

3–10 **IGNATIAN DIRECTED -DG-**
See October for details.

10–14 **SUMMER YOGA, PRAY, AND PLAY -SW, WOMEN ONLY-**
See November for details. \$500

16–20 **SUMMER YOGA, PRAY, AND PLAY -SW, ALL GENDERS-**
See November for details. \$500

AUGUST

3–7 **HAND QUILTING -SW-**
See November for details. Bring your own machines and other necessary equipment. \$460 Mary Isaac Jogues, SU

10–17 **IGNATIAN DIRECTED -DG-**
See October for details.

21–28 **IGNATIAN DIRECTED -DG-**
See October for details.

31–September 4 **PRIVATE RETREAT WEEK**
See May for details. \$400